

# **VOICE OF VIDYA**

### BANGALORE

JUNE AND JULY 2020



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# NUTURE THE NATURE FOR A BETTER FUTURE!!!

The World Environment Day celebration may have lost its sheen and got lost amidst the cloud of the pandemic attack with almost no festivities across the globe, yet the cause is in the thought and mind of VIDYA and we strive to apply it in day to day lives.

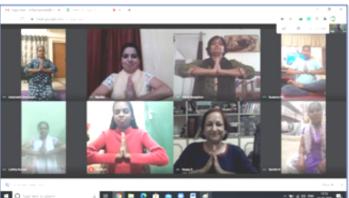


#### INTERNATIONAL YOGA DAY

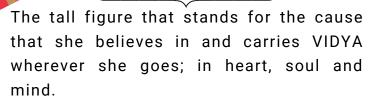




# EVENTS & CELEBRATION



# BIRTHDAY CELEBRATION

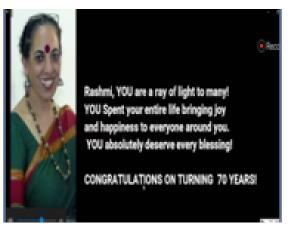


On the seventieth birthday of our beloved Founder and President Ms.Rashmi, we prayed that all her dreams fly high and see the dawn of the day; may she succeed in all her endeavors; may happiness spread all through her life; her desires take shape....

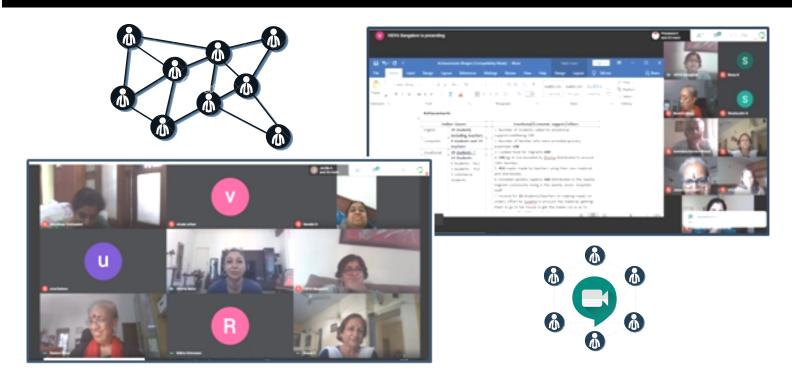
The team sent their birthday greetings for her life book and together we wished her many more years of health and happiness.







## **VIDYA MEETING**



The entire VIDYA Bangalore team was together as always, expressing their commitment to the cause and support to one another, as they participated in the "Saheli" staff meeting held virtually.

Ms Rashmi Misra was overwhelmed by the way, the crisis situation was handled by the team and how they looked at the opportunities beyond the barriers to achieve the desired results.

Ms. Shoma Bakre together with motivating, also emphasized the need to maintain the psychological wellbeing of students and staff alike.

Dr. Deepa Srivastava and Ms. Rekha Srinivasan, the pillars of support to the team by always being there for everyone, raised the spirit of the team through their encouraging words and commitment to the cause of VIDYA.

The coordinators presented the quarterly report in relation to Education - through virtual classes, Empowerment - by building entrepreneurs and enhancement of skills for job seekers, Transformation - through acceptance of the crisis scenario, raising to the occasion and flying high with a positive approach.

#### VIDYA KNOWLEDGE SERIES WEBINARS

It is high time to stop being "by standers" and raise to be "upstanders."

The "silent pandemic" that has spread like cancer throughout the length and breadth of the globe is, domestic violence.

VIDYA webinar on women abuse presented a panel discussion on bringing awareness about physical, emotional, psychological, sexual and financial violence against women in the society. "Anamika" a brave survivor, (please notice that they are not victims, but survivors) narrated her tale of freedom from the misery that she had undergone for more than a decade thanks to BEMBLA, the NGO collaborating with all stake holders to help Bravos to live a dignified life and living.

There's fire in the fire side chat...

It was indeed a great feeling being a part of the live webinar with a living legend. Inspiring thoughts shared, success models discussed, culture and compassion instilled, enlightening learning experience demonstrated, ideas for creating an equitable society displayed.... at the 'Fire Side chat' with Mr. Narayana Murthy, Founder Chairman Infosys, on ' Building a Successful and Respected India,' as part of the knowledge series of VIDYA webinars

A complete package in one session! Truly informative and inspiring ...

Type the URL to watch

https://www.youtube.com/watch? NMD4&feature=voutu.be&utm\_sout

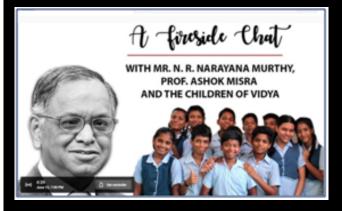
v=Fn88eqENMD4&feature=youtu.be&utm\_source=newslett er&utm\_medium=email&utm\_campaign=mrnarayana\_murth y\_webinar\_your\_youtube\_live\_link\_today\_at\_7\_30pm&utm\_t erm=2020-09-01 Reaching out - We are with you!





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https://www.youtube.com/
watch?v=npCBvUx3Riw

# The sparks of the fireside chat





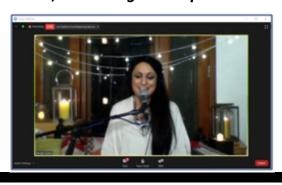
#### The soulful Sufi Music for the Humane!!





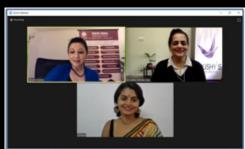
<u>Type the URL to watch</u> <u>https://www.youtube.com/</u> watch?v=VY3v9LqXm2E The magical evening of soulful rendition by Sonam Kalra ' From Spirituality to Humanity' as part of our VIDYA webinar series, eclipsed the world from the listeners for a few hours and mesmerized them to the tunes of dizzying drunken spirits. The enchanting hymns celebrate almighty and humanity and have raised humane quality to the heights of the skies.

She reiterated the soothing effects of music to the heart and soul coupled with its healing powers as experienced by everyone through its verses. *Isn't it a great thought to pursue, as we fight the pandemic?* 



# Your body is what your mind says





Type the URL to watch https://youtu.be/Frv4myv8-4E

What does your body hear; Do we know the answer? Here it is. Your body hears, what your mind says!

Hence, "keep a watch on your thoughts"; this was emphasized by Dr Ushy Mohandas a renound doctor, spiritual scientist and a neurophysiology researcher, in the eighth episode of the VIDYA Knowledge series Webinar.

The learning has a great significance and relevance across time, but more so now in times of this pandemic, as it motivated the audience to stay positive in the present, and to count their blessings instead of worrying negatively for the future. We were inspired by her high energy, her simple solutions to all our mind problems and her one Mantra - *This Too Shall Pass*.

Sri M., a great educationist, social reformer and yogi shared his insightful views on 'The Teacher and The Taught' in the VIDYA webinar series, moderated by Sri krishna Kulkarni.

The session enlightened the attendees with great spiritual and practical lessons on different shades of imparting knowledge. Golden rule for the teachers to set good examples, explore students' talents. For the students to emulate those, be patriotic, give back to society and learn from our culture, heritage and values.

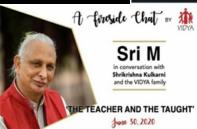


All the riches that you seek are within yourselves. On that note, substantiated with a series quotes from our epics scriptures, Dr. Rajendra Barve, the guest for VIDYA Webinar series shared knowledge on " Bounce Back to New Normal " in a crisp, enlightening and inspiring capsule that is easy to swallow. His closing words -Trust, gratitude, compassion & hope are the energies of life; mindful meditation develops a synergy of the body, mind and spirit.

> Type the URL to watch https://www.youtube.com /watch?v=xHQBIJCKb6g

# The Teacher and the Taught







<u>Type the URL to watch</u> https://youtu.be/xh071203fnM

## Bounce Back to the New Normal







VIDYA Mumbai in association with Mudita Foundation held a webinar on "Human trafficking". It brought into focus the existing evil of the society wherein vulnerable victims are forced into slavery, prostitution and the likes. The session instilled in the participants the need to initiate modes for creating a safe environment for all.



Type the URL to watch https://youtu.be/t1s0WCWPgTE

# The Wonderful World of Children's Theatre





Mr. Faizal in this VIDYA Webinar lead us to the fascinating and delightful world of plays, and shared his reflections on theatre being an excellent educational tool; it gives children an experience of the world, improves fluency, fosters discipline, instills cooperation, develops organizational skills, and gives them emotional maturity.

<u>Type the URL to watch</u> \_https://youtu.be/03DailE1QKI

#### Listening to the Unsaid Words

Right reactions to a conversation have a great impact on our personal and professional success. Sanchiyata, our life skill trainer, shared the importance of understanding the body language while asking and responding to questions and answers.





### Session on Confidence Building



The 'Confidence Builder Master class', like many other sixty minute sessions of Mr. Jhoncey's, equipped the attendees to identify areas that need attention and encouraged them to work on the lags, to achieve a confident attitude and approach to life.

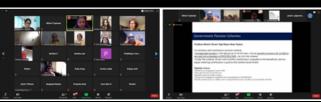
### A Trip in Space



On the 18th of July, the VIDYA Family was taken into the wonderful world of Space in a webinar by the Kalam centre, where they had the opportunity to hear from Ms Sunitha Williams on her experiences in Space.



#### Who is smart and rich?



One who earns well? Or, one who manages finances intelligently?

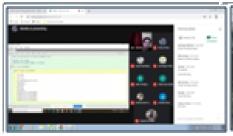
The webinar on Financial Literacy by FLO discussed the need for financial disciple and the government schemes that have an inclusive approach with regards to BPL sectors.

Having a working knowledge of schemes and financial plans, setting right financial goals, taking calculative risk, breaking financial biases, having a sight on the future, early action, delayed reaction, inflation and compounding are key factors of wealth management.

#### **ONLINE CLASS**

Teachers are happy to engage students through virtual classes on various digital platforms; also by sharing videos, worksheets, conducting tests over phone. Together with remedial support in all subjects, sessions on social behaviour management, various computer courses, step-by-step instruction for paper crafts, drawings and pot painting, making rakhi, latch hook mats, Mahbubani and cartoon painted masks, ..... are also conducted by the VIDYA Staff.























## THE VIDYA MITR PROGRAMME

The VIDYA Mitr mentoring programme for the scholarship students has also been extended to the staff of VIDYA. With a pool of multi- disciplinary set of mentors, the students & staff have been mapped with the mentors in an organized manner. The programme has been designed to take place across virtual platforms, benefitting students and staff across various courses and streams. This flagship programme of VIDYA is definitely going to take the scholarship programme, teachers and students to the next level.

#### **WELLNESS & COMMUNITY SERVICE**

The VIDYA team is committed to the cause of community service; each member of the VIDYA family is in her/his own way contributing to the welfare of the community and helping people tide over these uncertain times. The Mitr programme addresses the emotional aspect by counselling students on Career choices, learning online and also coping with the other members of their family in a cooped-up environment.

Teachers are teaching academic subjects as well as art craft to the children in their neighbourhood, filling their days with fun and learning. The different webinars and training programmes being conducted for the teachers, have quipped them to compassionately approach their students and help them develop a positive attitude in such difficult times,

## Distribution Drive Feeding the Migrants

The latest in our series of COVID 19 outreach activities is our drive to feed the migrant labourers of the city.





\*A happy stomach and a happy smile\*

#### Rice distribution

Our COVID relief drive of distributing essentials has also substantiated the need to use ecofriendly products by delivering the essential commodity kits in cloth and paper bags.





VIDYA is committed to serve and save our environment for the future generations...



## Sanitary Napkin and mask distribution

#### Health and hygiene in COVID times!

Reaching out to the community and the Police personnel working round the clock for our safety. We are thankful to FLO for the donation of Masks and Ms Disha for her generousdonation of sanitary napkins.











### Laptop & Tab Distribution

Many students of VIDYA scholarship programme benefitted by receiving the most essential tool for digital education- laptops and tabs- through a donation drive launched at VIDYA.

Our heartfelt thanks to Ms Rashmi and Ms Shoma for sponsoring additional gadgets for the students.









Great to talk about Community Service
Greater to actually do it!!!

#### **ACHIEVEMENTS**



 The alumni of VIDYA Vocational courses achieved a significant mile stone as they together made their Self Help Group- VANITHE. They are excited to be part of Vanithe, which is for them, of them and by them. http://www.vanithe.co.in



- 6 students completed the NIIT examination.
- 4 students completed the Singer Diploma examination.











- Our students of VIDYA scholarship programme have made us proud by securing high scores in the II PUC board exams. The topper of the college Hemanth got 95%, followed by Mehek and Kalpana in the second and third positions.
- Another feather in the cap
- 1. An article on parenting by Monika Behl -Coordinator, Computer Literacy

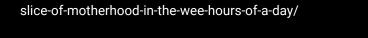


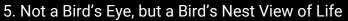
https://wp.me/p6waTr-MC

2. Experiencing Motherhood. Articles by Uma Rani- Coordinator, Communicative English 'https://parenting.firstcry.com/articles/contribution-experiencing-motherhood-it-all-begins-with-a-strip-and-the-strip-says-it-all/



- 3. Building Love With Positive Talks; Making Great Relationships! 'https://parenting.firstcry.com/articles/contribution-positive-quotient-building-love-with-positive-talks-making-great-relationships/
- 4. A Slice of Motherhood in the Wee Hours of the Day 'https://parenting.firstcry.com/articles/contribution-a-slice-of-motherhood-in-the-wee-hours-of-a-day/



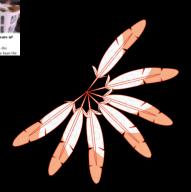


'https://parenting.firstcry.com/articles/c ontribution-not-a-birds-eye-but-a-birdsnest-view-of-life/

6. Motherhood is the Best Gift of Life







'https://parenting.firstcry.com/articles/contribution-motherhood-the-best-gift-of-the-love-of-life/

7. https://www.guora.com/g/lifeisbeautiful/COVID-Craving?ch=3&share=c8d961bf

COVID Craving ... - Life is Beautiful - Quora

#### A brief look at our Projects

- Beyond School Programme in 10 Government Schools
- Scholarship Programme for Boys and girls, to pursue higher education
- VIDYA Shakti Livelihood programme for women in the community
- Digital Empowerment Programme for children, youth & residents of the community
- VIDYA School @ Dunmore House
- Capacity Building Programme for Women @ various locations
- Bhagini Women Empowerment Programme @ VIDYA Centres
- Margam- an initiative for the alumni of VIDYA to showcase their work and earn while they learn.

#### **Academic:**

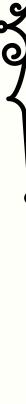
- Communicative English- Basic , Advance & NIIT certified SEPD
- Computer Literacy- Basic, Advance, Web design, Tally, Java ....
- NIOS X and XII

#### **Vocational:**

- VIDYA Vastra- Singer Diploma In Tailoring
- VIDYA Varna- Madura Coats certified Embroidery and Block printing course
- VIDYA Vividha- Product making in Art and Craft
- VIDYA Shringar Beautician Course

Thanks to our partners & supporters Mali foundation, Semikron, Synergy Properties, SG, Broadcom, PWC, Nutanix, Statestreet, Total Yoga, Phoenix Market city, Law NK, KKS, StoneX and all the noble hearts that have worked for the cause and are making a big and bigger impact in the lives of our beneficiaries in their most unique ways.

Be Brave, Take Risks
Nothing can substitute Experience.





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