



रोवेपुव वीटी

Learning and Development

Unlocking
your potential

Becoming
self-motivated

Learning to
learn

Life
management
skills

Self-coaching

Emotional
development

Harnessing
creativity

Understanding
yourself

Learning from
experience

Planning for
your future

**VIDYA
BANGALORE
FEBRUARY-2019**

Reaching the fag end of the academic year!

We are thrilled to have tried hard and achieve a considerable note of success in many aspects of our holistic education module for our beneficiaries.

Let's begin the record of monthly activities with warm and heartfelt regards and thanks to Mrs. Rekha Rao, Mali foundation, Semikron, Synergy Properties, SG, AIG, Broadcom, RCI, PWC, Total Yoga, Phoenix Market city, LawNK, KKS and all the noble hearts that have worked for the cause and are making a big and bigger impact in the lives of our beneficiaries in their most unique ways.

BHAGINI WOMEN EMPOWERMENT PROGRAMME

EVENTS

Taking small steps to reclaim the 'Garden City' tag

Though a heart wrenching fact, it has to be accepted that Bangalore, once a 'Garden city' is today infamously famous for its frothing water bodies, burning and sewage lakes.

As responsible citizens, it is our duty to make sure that our environment is clean and safe for us and for the society at large! Hence VIDYA Bangalore, in association with United Way Mumbai participated in a lake cleaning drive at B. Narayananapura to spread awareness about the burning issue.



Education Illuminating Myriad Facets

Our dear Founder, Mrs. Rashmi Misra at a panel discussion.



WORKSHOPS, TRAININGS & VISITS

All eyes on goal setting!

SG Employee Engagement Programme on focus and goal setting.

It's a "play" date!



Students had a great time as stories from "Panchatantra" got "Retold" at Jagriti theatre!

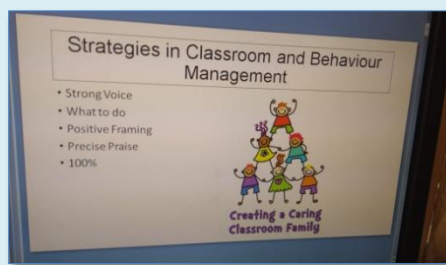
Students of Computer who completed their certificate course attended the Job fair at Jayanagar. The job mela gave them an insight into the current job market & the kind of salaries they can expect.



Vocational students attended a session on **Design Thinking** conducted by Volunteer Rajshree, where they learnt about researching, defining and ideating.



A **Teacher training workshop** was held for the Beyond School teachers. The Session was on behavior management ,conducted by Ms Malathi , Ex Principal of Ekya School.



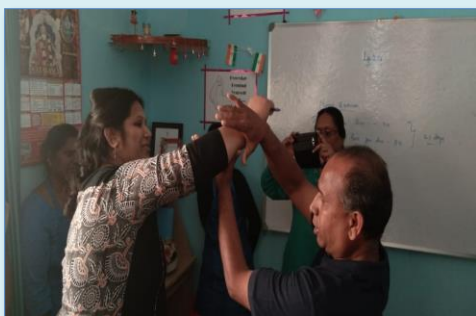
Soap making work shop was held for students; they also learnt skills on market display and packaging



Self-defence, a life style phenomenon!

Empowerment is our motto, and it was indeed an empowering moment for the women to know and understand the power, ability and strength of women in the deepest sense of the term.

In the session conducted by Nirbhaya Self Defence Academy, students learnt techniques from basic martial arts to protect themselves from Violence & vulnerabilities.



ACHIEVEMENT:

Our Shringar student Meera Vinod got a job in BEST SALON and SPA as a full time beautician.

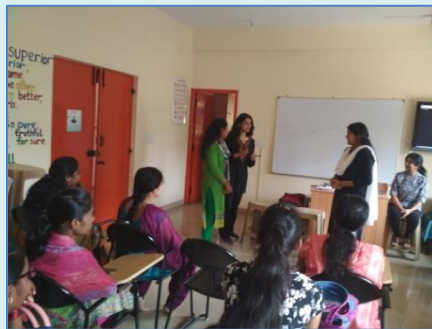


LIFE SKILLS

Understanding the unsaid words!

True to the term 'body language', without speaking, our body communicates, expresses, and speaks volumes about how we actually feel.

Empathy and mirroring of others' emotions, together with assertive behaviour were discussed in an interactive session coupled with role plays by Ritu and Deepali in the life skill sessions.



An art form for all- Communication.

The right use of it, is an art! A smart use of it, is the order of the day! Mastering it, is a challenge! A professional requisite and a personal need, it is indeed.

Students were taken through a detailed vision and role play session on the different colours of communication.



Listening is an art, a cultured attitude, a silent communication, an efficient learning tool, a prelude to knowledge, a pre-requisite to good conversational skills. The session also threw light on assertive & negotiative communication.



Discovering the self!

The life skills trainers took the students on a journey on sources and roots of our beliefs, together with overcoming the instilled beliefs to carve an identity of our own.



Sessions were also held on the importance of life skills.



ACADEMIC COURSES

Communicative English Course:

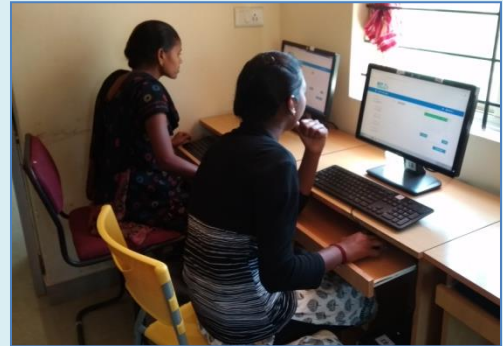
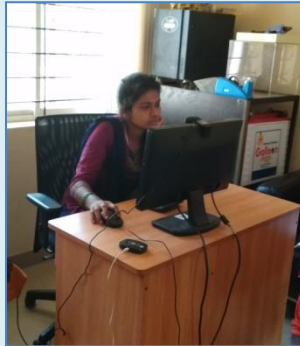
Enhancing communication skills through activity based learning.



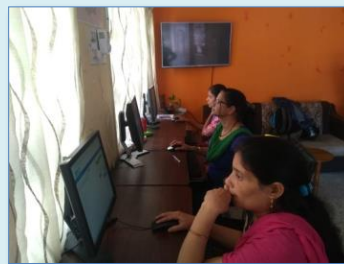
NIIT Computer Course:

Treading with the trends of the times!

Congratulations to students for having successfully completed their NIIT Computer courses with flying colours.



Students are taking the help of volunteer Aishwarya to write their resumes and put them up on job sites.



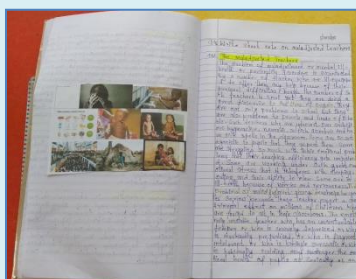
NIOS:

Helping students complete their basic education.



NTT:

Getting ready to become a toddler teacher



VOCATIONAL COURSES

Vastra, Vividha and Varna:

Learning a vocational course to improve their standard of living:

Fabulous sales at Funky flea.



Bag Workshop - Ms Rasheeda Begum is training women on making laptop bags using organically made fabric.



Students got their SINGER Diplomas; they were also given a demo by the Singer Company on what machines they could purchase for their work at home. They were made aware of the various schemes available for them to set up small units.



Creating products with tassel work, quilling and crocheting



Vahaan: Driving to better prospects – The women after getting their driving licence are training to become commercial drivers.

Shringar:

It was a very proud moment for VIDYA when our first batch of students received their Beauty Diploma this month from our partner SHAHNAZ HUSSAIN's Bridges School of Beauty, Delhi.



COMMUNITY PROGRAMMES

VIDYA SHAKTI

How to make disinfectants from bio enzymes? The students learnt the process @ Anandapura and Nellorepura.



AIG COMMUNITY COMPUTER LEARNING CENTRE @ RAJENDRANAGARA

Congratulations to the students who successfully completed their course.



Assessments in Siddhapura



Self defence workshop



Life skill sessions on Self-awareness & Creative Thinking.



SCHOLARSHIP/ BUDDY PROGRAM

The month of February was bustling with exam fever with students preparing fervently for board exams. Graduation day and farewell party was celebrated at the college with great joy.

House visits were conducted for regular interaction with students and parents.



College visit to Srushti Degree College was made to interact with our students studying there.

VIDYA and Chandan are thankful to SG GSC for providing the sports kit for skating to him; he is a SG GSC scholarship student.



The Loyola College, degree students participated in College Sports Day .Prathima won third prize in running event and also bagged second prize in Kabaddi. Reeta bagged second prize in kabaddi along with Manu winning third prize in 400 m running race. Manu also bagged second prize in 4*100 m relay . In the Kuvempu literary conference held at Loyola CCollege, Anjali won third prize in presenting PrabandaMandane.

Shruti Bhatt, a life skill counselor has started counselling sessions for scholarship students. The session is beneficial for the emotional well-being of these teenagers.



*Ideas are great arrows,
Worthless without the bow of action.*